

Highlights



RESTAURANTS
NOTEWORTHY
MENTIONABLE
Page 3



**NEW MAINTENANCE
STAFF**
Page 7



**ACTIVITIES
AT THE CAY**
Page 6



Administration

Please contact the office with questions or concerns about something in the community. We may be able to answer your questions, or we will investigate further as appropriate.

OFFICE:

ADMIN@DOLPHINCAY.COM

727-864-1900

GATEHOUSE:

GATEHOUSE@DOLPHINCAY.COM

727-866-2385

Office hours are
Monday to Friday:
8:30 am - 4:00pm,
closed for lunch
12:00 - 1:00

Associations

Go to dolphincay.com for information. Click on your building's name from the home page.

Medical Services

Here is a listing of services near Dolphin Cay

SERVICES NEAR THE CAY*

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PHARMACIES

1. CVS - 3501 54th Avenue South
727-864-1546
8:00AM to 10 PM Closed 1:30 to 2:00 for Lunch
2. Walgreens - 3077 54th Avenue South
727-362-1505
8:00 AM to 10 PM Monday to Friday Closed 1:30 to 2 for Lunch
9:00 AM to 6:00 PM Saturday and Sunday
3. Publix - 5295 34th Street South
727-864-0096
9:00 AM to 9:00 PM Monday to Friday
9:00 AM to 7:00 PM Saturday
11:00 AM to 6:00 PM Sunday

URGENT CARE

CVS Minute Clinic - 3501 54th Avenue South
866-389-2727
8:30 AM to 7:30 PM Monday to Friday
9:00 AM to 5:30 PM Saturday
9:00 AM to 4:30 PM Sunday

Bay Care Urgent Care - 2311 4th Street N
727-914-8566
8:00 AM to 8:00 PM Monday to Friday
9:00 AM to 6:00 PM Saturday and Sunday

HOSPITAL/EMERGENCY ROOM

Bayfront Health - St. Petersburg
701 6th Street S
727-893-6195

St. Anthony's Hospital - Daycare
1200 7th Avenue N

Notable Restaurants Near Us*



1. La Segunda Bakery newest location
2424 4th Street N.
727-388-4983
Open Daily 6:30 AM to 3:00 PM
2. Dirty Laundry Speakeasy Bar and Restaurant
1742 Central Avenue
727-493-0040
Check site for hours
3. Mangosteen (Tapas and Tacos)
656 Central Avenue
727-954-3381
11:00 AM to 10:00 PM Monday to Thursday
12:00 PM to 11:00 PM Saturday
12:00 PM to 10:00 PM Sunday
4. Baba (Mediterranean Bar, Restaurant and Bakery)
2701 Central Avenue
727-954-3406
Lunch, Friday, Saturday and Sunday, 11:00 AM to 3:00 PM
Dinner, Wednesday and Thursday, 5:00 PM to 9:00 PM
Dinner, Friday and Saturday, 5:00 PM to 11:00 PM
Dinner, Sunday, 5:00 PM to 10:00 PM
Bakery on premises. Check with restaurant for bakery hours
5. IL Ritorino (Italian)
449 Central Avenue
727-897-5900
5:00 PM to 9:30 PM Monday to Thursday

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Pictured here is the Dolphin Cay estuary at Cat's Point of Boca Ciega Bay

What is an Estuary?

An estuary is a partially enclosed, coastal water body where freshwater mixes with salt water from the ocean. Estuaries, and their surrounding lands, are places of transition from land to sea. Although influenced by the tides, they are protected from the full force of ocean waves, winds and storms by landforms, such as barrier islands or peninsulas.

Estuaries Are Critical Natural Habitats: Thousands of species of birds, mammals, fish and other wildlife depend on estuarine habitats as places to live, feed and reproduce. And many marine organisms, including most commercially important species of fish, depend on estuaries at some point during their development.

Because they are biologically productive, estuaries provide ideal areas for migratory birds to rest and refuel during their long journeys. Because many species of fish and wildlife rely on the sheltered waters of estuaries as protected spawning places, estuaries are often called the "nurseries of the sea."

Estuaries Act as Protective Buffers: Wetland plants and soils also act as natural buffers between the land and ocean, absorbing flood waters and dissipating storm surges. This protects upland habitat as well as valuable real estate from storm and flood damage.

Transportation Options

Here is a listing of transportation alternatives near us

1. Cross Bay Ferry (Between St. Pete Pier and Tampa)
Now operating Wednesday to Sunday
\$24 Round Trip Adults
\$16 Round Trip Seniors
Check website for schedule
2. Pinellas Bayway Commuter Pass
\$50 per year allows unlimited access through all three Pinellas Bayway toll plazas
1-800- TOLL-FLA
or Visit the Pinellas Bayway Sunpass Customer Service Center at
4501 54th Avenue South
8:00 AM to 6:00 PM Monday
8:00 AM to 4:30 PM Tuesday to Friday
3. SunRunner Bus Line
(Between downtown St. Pete and St Pete Beach)
Free until April 2023
Runs on 1st Ave South and 1st Ave North

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Activities at the Cay

Mah Jongg

Mah Jongg is played Tuesdays, 1:30pm to 3pm in the Casino card room. Mah Jongg is a Chinese game that can be played with two or three, but usually four people. The National Mah Jongg League rules and cards are used for the version played here. The game is similar to playing cards, but with Chinese tiles, which are collected to make winning hands.

If you want to learn how to play Mah Jongg or want to enhance your Mah Jongg skills, Katie MacReynolds and Laura Frimer will be conducting Mah Jongg workshops. Please contact Katie at ktmacrey@gmail.com or Laura at lfrimer@tampabay.rr.com if interested.

Ping Pong on the Casino Porch

Ping pong enthusiasts meet for organized play on Mondays and Thursdays at 9:30am. Otherwise, it is an open table for all to enjoy.

Casino Pool Water Aerobics

On the other hand, if low impact water aerobics is your thing, please join Teresa Lessak and her energetic group from 10-11am Monday thru Saturday at the casino pool.

*Activities where
all are welcome*



Casino Pool Water Aerobics

This activity is a low impact exercise. Please join Teresa Lessak and her energetic group every day except Sunday.

Time: 10 - 11 am
Location: Casino Pool

Maintaining the Cay

CANINES OF THE CAY

*Pet owners,
did you know ???*

- **All pets must be registered with the office**, where a form will be provided for you to complete. There is no fee charged in our community.
- **No pets are ever allowed on the beach or grill area.**
- Even though we are a private property, the **Pinellas County leash laws pertain to us too**, so please, **always use a leash**.
- Please ensure that you clean up after your pet.

WELCOME TO OUR NEW MAINTENANCE STAFF

Mo Ismail has lived in Florida for the past 20 years. He joined Condominium Associates in 2020 and has a vast maintenance background along with, architecture, construction and mechanics. For relaxation, he enjoys snooker (he is a semi professional) and previously played for the International Egyptian Handball team. Mo has three children.

Alan Elmiger has lived in Florida for 21 years and joined Condominium Associates in 2019. He has a background in condominium maintenance, carpentry and construction. In addition, he is a certified pool operator in the state of Florida and enjoys surfing, camping, and gourmet cooking.

WELCOME TO THE BOTH OF THEM!

Maintaining the Cay

Water Leak Safety Recommendations

Shut off water to your entire condo when you are away. This is easy and prevents damage to your home and your neighbors' properties. Air conditioners have drains which can clog and flow back into your home. Pour a cap full of vinegar into the access opening in the drain line at the air handler monthly to kill any algae that has formed in the pipe that may cause backflow.

Older washing machine hoses should be replaced with the current standard steel-braided hoses, to prevent bursting under pressure. Periodically check any original sink and toilet valves as they can also leak over time.

To detect water leaks, place water alarms directly on floors wherever there is a risk of water leakage: near water heaters, air handlers, dishwashers, next to washing machines, under sinks and near toilets.

Alarms can detect as little as 1/32 inch of water and produce a piercing 100+ dB sound that can be heard throughout the home and by your neighbors. Let your neighbors know to please take action if they hear your alarm!

There are also inexpensive wi-fi enabled alarms that will sound off and alert you on your smart phone when you are **away**.

Maintaining the Cay

Disposal of Oversized Items

St Petersburg Sanitation Special Pickup is a FREE service offered for those oversized items that do not fit in the bins intended for garbage collection. But don't just leave these items outside on your curb or outside of the dumpster room – they will not be collected during the normal pickup.

The city's Large and Bulk Item Pickup service must be scheduled by calling (727) 893-7398 and providing the **Dolphin Cay ID # 226531**. Specify your address and place your items out just before the scheduled date you are given.

For more detail, first see:

https://www.stpete.org/sanitation/residential/special_pickup.php

The Recycling Corner

Are you truly following these local guidelines? Please **READ the poster mounted above the bins in Condo buildings.**

NEVER plastic grocery bags or any other plastic bag

ONLY loose, dry, CLEAN, eligible items

NO cardboard boxes that are not flattened and they must fit in the recycle bins ... and please remove bottle caps

NOTHING smaller than "a fist"

WHEN IN DOUBT, THROW IT OUT!

Single Family Home guidelines found here:

http://www.pinellascounty.org/solidwaste/recycle-guide/pdf/recycle_guide.pdf

POOL Maintenance Schedule

Due to health and safety regulations, as well as time management for maintenance staff, each pool is now briefly closed for regular cleaning and chemical maintenance. Because of Dolphin Cay's high standards, we have maintained an excellent record with the Pinellas County Health Department, and we strive to keep it that way.

Beach Pool 8 - 10am Tuesday and Saturday.
Osprey Pool 10 - 11am Tuesday and Saturday.
Casino Pool 8:30 - 9:30am Daily

Leaving Your Condo for an Extended Time?

- **Remove all items** from the balconies, decks and courtyards in case of high wind or hurricane.
- **Turn off the water supply** to reduce the chance of flooding (the primary and hot water valves are located above the water heater).
- Set your AC temperature to the conditions of your unit based on unit orientation and window/door style, e.g. single or multi-pane. **Maintaining a humidity level between 50-55% is key to inhibiting mold.**
- Constant air movement is also critical **so keep the ceiling fans on for circulation.**
- Ensure the A/C drain line is clear, pour a capful of vinegar into the line. Have the air conditioning unit serviced to avoid an unexpected shutdown and subsequent mold damage.
- Add water to the dishwasher to keep the pump moist. Run the garbage disposal to ensure it is empty and cover its drain.
- Cover the toilet bowl and tank with plastic wrap to keep water from evaporating and drying out the tank parts.
- Turn off circuit breaker for the electric water heater.
- Disconnect TV, stereo, and computer from the electric outlets or switch off power bars since lightning can cause damage through these connections. Leave the cable box connected for Spectrum updates.
- Close and lock your sliding glass doors. Close your drapes and shutters to prevent sunlight from fading items and to maintain a more constant temperature.
- Leave closet doors and kitchen cabinets open to allow air to circulate.
- **Ensure that a unit key is made accessible to board members via the Association lockbox in case of emergency.**
- **Ensure that the Office has your forwarding address and a current emergency contact name and telephone number.**
- If you leave your car in your assigned parking space, **leave a car key in the Association lockbox or on your kitchen counter.**



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 Click on the link to be directed to the business website.



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Past and current editions of this newsletter may be found at www.DolphinCay.com